



DECEMBER 2022



## Gumboot Friday Sossie Slammer!

Could this be a new annual event for Paparoa?

On the 5th of November the inaugural Gumboot Friday Sossie Slammer was held at the show grounds. There was a wonderful turnout of people with lots of families with young children having a lovely time. There were games, bouncy castles, food, stalls, gumboot throwing and of course the sausage eating competition. MC for the evening was Toast from More FM- it was nice to put a face to the voice.



Gumboot Friday is an initiative of the I am Hope Trust, founded by Mike King, which aims to improve mental health for communities and young people. Organiser Jess Brennan said raising money for the trust was great, but seeing people catching up with friends and kids having a fun time was even better. Exactly the aim of the game- to have healthy positive communities for kids to grow up in.

Music was provided by the talented Brian Baker with his guitar.

Winner of the Sausage eating competition was Kurtis Kemara managing 4 sausages in 1 minute, with Klay Connett second.

Generous sponsors provided lots of prizes and donations of goods to make the day such a success, with over \$2000 being raised for the I am Hope Trust.

Well done to everyone who came together and created such a neat event- looking forward to the next one!

Janine



## Paparoa Under Water... The Sandbags Were On Standby...

*Long as I remember the rain  
been comin' down  
Clouds of mystery pourin'  
confusion on the ground  
Good men through the ages  
tryin' to find the sun  
And I wonder, still I wonder,  
who'll stop the rain*

*John Cameron Fogerty  
Creedence Clearwater Revival*



Photo Credits: Ruth

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## Paparooa Press PP

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ADVERTISING

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Booking & Copy deadline:

15<sup>th</sup> of month

Publication date 1<sup>st</sup> Wed of month



## Council Mark says – I simply can't wait for Christmas

At the time of writing this, the new Council has not yet had a formal decision-making meeting, although we will have had two of those before the end of the year. As a returning councillor, it feels a bit strange; I cannot yet say that I know all of my colleagues, and what it is that each will contribute in their own unique way.

The induction process second time round is a bit strange for me too – it has stirred old memories of having to repeat a paper back in the day when I was going to be a lawyer (which was before I dropped out and went farming, by the way). In fact it is not just the new faces around the table which is different, the local government "Reform Storm" is about to hit us.

That seven of our 10 elected members are new, and are still in the middle of learning about current local government functions and processes hasn't stopped central government asking for our feedback on the report about "The Future for Local Government" before the end of February. That is not much time for deep reflection and discussion to provide a meaningful response. This report was released just a few days after the new council had been sworn in on the 26th

of October. It was followed in short order by a report released by the Department of Internal Affairs on "Vulnerable Communities Exposed to Flood Hazard" which erroneously (in my opinion) included Ruawai in its list, the issuing of the Select Committee report on the Water Services Entity Bill (relates to Three Waters) and then the introduction

of the Natural and Built Environments Bill and Spatial Planning Bill to the House as the next step in replacing the Resource Management Act. And it's only halfway through November!

I simply can't wait for Christmas. I've ordered a lobotomy.

Mark Vincent

Otamatea Ward Councillor  
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## Progressive Paparooa



Progressive Paparooa is pleased to announce the appointment of Linda Allan as the new Community Activator.

Linda was profiled in the 5 Questions segment on the back page of last month's Paparooa Press and she will be out and about in the community helping coordinate projects such as the playground refresh. We always welcome community feedback and Linda will attend some of the weekly Farmers' markets so that she can connect with you and listen to your ideas and thoughts on our community.

The weekly Farmers' Market is one of the Progressive Paparooa initiatives that we are most proud of and we are determined to keep it running. Every week up to 20 stallholders turn up with their produce and products to provide a thriving village atmosphere which we think is beneficial for the local customers, but also for the local businesses, as it brings locals and visitors into the village. After many years of service Graham Taylor is stepping down as the Market

manager at the end of this year and we have a sub committee currently working on how we can replace Graham. We would like a small team to coordinate the stallholders, set up and pull down the gazebos and attend to the traffic management component of the job. We are very keen to hear from anyone interested in helping to keep this iconic market going.

Speaking of iconic, Progressive Paparooa was disappointed to learn that the Thirsty Tui has been sold to a private company that, as we understand it, does not intend to reopen the premises as a hospitality venue. However we understand that it is a commercial decision and we'll remain positive that our growing community will find a way of providing other venues for people to connect and share a meal together.

Pete Hames

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## A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparooa Press are the author's own and not necessarily those of the editorial team or PPI.

## New Show Celebrates Our Forgotten Tales

Local creative Luciana Orr was recently invited to curate an exhibition based on her recording Forgotten Tales of the Kaipara.

This new exhibition is based around a slideshow of archival images which accompany the forty-five minute recording. A mini theatre has been created in part of the downstairs space, especially for the show, where five well known locals share their different stories of growing up in the Kaipara.

The opening night on November 2nd, saw Ngāti whatua, Te Uri o Hau, Kaumātua, Ben Hita give a blessing for the new space, and local actor Julie Edwards close with a karakia/prayer and a waiata/song, encouraging many to join in.

Both locals and visitors have been giving this exhibition the thumbs up. Notable photos from the slideshow and short excerpts from the recording line the walls. These include local eeling tales, images of the 1922 Paparoa flood, and the island in Humahuma Lake, Poutō, which early Māori used for excarnation, before the bones of their ancestors were collected for cave interment.

Display cases throughout the gallery show off a selection of fascinating items from the era, including a magnificent kauri bust showing the face of a maiden, her hair floating behind her as if underwater.

Several contemporary installations created by artist Luciana Orr, allow visitors to engage and share their

experiences. A three meter tall kauri branch with hand sewn leaves, offers a place to let go of things that no longer serve us, while a vibrant green kauri cone pulses with light. Its message is to conserve our native forests and continue healing the land. Visitors can place their names in a kete/basket and kauri seeds will be planted on their behalf. Seedlings will be available free to the local community as soon as they are big enough.

Forgotten Tales of the Kaipara reminds us of the rich heritage of all the inhabitants of the Kaipara and is a really worthwhile, immersive experience.

Admission to the museum gets you in to see this show, which runs until early March 2024.

Kauri Museum: 09 431 7417  
info@kaurimuseum.com  
Artist: info@illustrator-luciana-orr.com

**Exhibition: Forgotten Tales of the Kaipara - Luciana Orr**  
**Where: Kauri Museum - 5 Church Road, Matakōhe.**

**Ends: 5 March 2023**

Suitable for kids - wheelchair access available.

Luciana Orr



Maori Gardens



Paparoa Flood

**The Paparoa Press editorial team would like to thank our contributors, advertisers and readers for your continued support throughout the year - there would not be a Press if it were not for you.**

**We wish you and your families a safe, happy and sunny Christmas and New Year and we look forward to 2023.**

**Margie & Vicky**

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## Paparooa School News

As I sit at school testing some students in their number knowledge, with the rain arriving, I start thinking about the last 16 weeks and all that has happened in such a short amount of time.

I think about how lucky our community is to have such amazing students, staff and parents that show so much support and commitment to our little school. We had the Pet & Show Day at the beginning of the term, with a great turnout of lambs, and a few calves. We had a few rabbits, guinea pigs, chickens and budgies as well as the indoor exhibits for all to see.

We have managed to complete our athletics, minus the high jump (this will be on a dry day) as well as harvesting our gardens. There is nothing like seeing little faces light up when they see the size of a radish that they had planted or checking the patch to have a sneaky strawberry! We have planted two giant pumpkin plants, kindly donated by Grow Paparooa and we named them Peter & Paul. They are doing well,

so look out A&P show!

On behalf of Paparooa School, we wish you a Merry Christmas and best wishes for the New Year.

School will be open for enrolments from Wednesday 25<sup>th</sup> January 2023.

School for all students will be starting on Tuesday 31<sup>st</sup> January 2023.

Karyn Taylor  
Principal



Year 0-3 Room 1

### "Radish Poem"

A circular red ruby pulled from the ground

White whiskery roots, dirt clinging in balls

Fuzzy green leaves, shiny and bright after being rinsed

Cut in slices, crispy and white inside

Crunchy, hot and spicy

Sizzling on my tongue

Rushing for water to cool it down



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Progressive Paparooa would like to thank all the people who support our group.

Press Gang, Farmers Market Team, Printshop, Playground Team, Walkway Team, Wordsign Team, KDC Liaison, Playground Team, Paparooa Press Team, Wastewater Team, friends and Family

*Merry Christmas and Happy New Year. Thank You, and have a safe and Happy Holiday with Friends and Family*



## COMMUNITY CHAMPIONS Stu Robertson and Janice Booth

Janice first came to Paparooa in 1999 purchasing the Old Post Office and Saddlery, where she opened Paparooa's first cafe. Many questioned the opening of a cafe in Paparooa but it was well received and supported. She also joined the Keep Paparooa Beautiful group.

2004 saw Stu arrive, and, with Keep Paparooa Beautiful, they helped drag string to mark out the extension of the track to Pahi. Stu still assists with pest control on the walkway.

They were also involved with building the landing Jetty which took 5 years of paperwork before building started.

Both took on various roles and projects with Keep Paparooa Beautiful (now Progressive Paparooa) including being on the Press Gang, hand folding Paparooa Press, clearing bamboo from the landing entrance, and more.

Being keen artists they started White Rock Gallery in 2015 and Stu is still a current member.

Janice is currently coordinating the ladies exercise class in the hall on Tuesday mornings and they are both involved in the Paparooa Connections Group. Stu has also been project leader for the BMX track at the show grounds.



## Eyeglass Recycling - How You Can Help

In just about any home, one can find a pair of eyeglasses that are no longer being used. That same pair of eyeglasses can change another person's life. That's why the Lions started the Recycle For Sight program. Everyone can help.

If you have used eyeglasses you no longer need, you can donate them now. Lions accept prescription and reading glasses, sunglasses and plastic and metal frames. Children's glasses are especially needed.

Lions Clubs throughout New Zealand, including Paparoa Lions, collect these unwanted spectacles and send them to our processing centres where they are sorted, checked for scratches, cracks and screws tightened before being washed in an ultrasonic washer and dried. They then have their prescription recorded and are packed for delivery to Volunteer Ophthalmologist Services Overseas (VOSO) for distribution to those with poor eyesight in the Pacific Islands.

Type 2 Diabetes is common in the Islands and is the main cause of blindness. Lions Clubs in the Islands receive and distribute the glasses to visiting volunteer Optometrists

of the Lions Clubs of New Zealand's unusual campaign Heads Up for Kids. Launched in July 2010, Heads Up for Kids is a unique collection which asks New Zealanders to dig out and donate old decimal and pre-decimal New Zealand currency, and all foreign money. The obsolete cash is then redeemed for New Zealand dollars and used to fund education programmes for young New Zealanders who would otherwise not get the opportunity.

Many young people have already benefited from Heads Up for Kids, receiving scholarships to organisations such as Spirit of Adventure and Hillary Outdoor Pursuits Centres.

To date Lions have collected over 28.8 tonnes of coins and thousands of banknotes (that's the equivalent weight of 4 elephants, 460 cattle or 6450 cats!) bringing the total raised close to \$612,000. The Reserve Bank of New Zealand estimates that there is \$80 million in old decimal and pre-decimal NZ coins and \$20 million in old banknotes unaccounted for.

Also of interest to some people will be that Lions Clubs throughout the country support Kidney Kids NZ. They accept wine bottle tops with the plastic bit removed and can tabs off coke, lemonade cans etc. Funds raised go directly to Kidney Kids NZ who give support and services to children with kidney disease or disorders and their family and whanau. Kidney Kids NZ offers home and hospital visits, practical, emotional and educational support, annual kidney kid camps, regional visits, family/whanau get togethers, information, resource material, quarterly newsletters, regular emails and phone support.

**Robyn at Skelton's Drapery will gladly take your donated glasses, old currency and bottletops where they will be collected by Lions.**

Paparoa Lions



who test and fit patients with the recycled glasses at no cost. VOSO consists of teams of eye surgeons, optometrists and eye care workers who visit the isolated communities and bring enhancement to the lives of hundreds of people annually. The project has provided over 80,000 pairs of glasses which would have a replacement value in excess of \$15 million.

Lions Clubs New Zealand also run the "Heads Up for Kids" project which helps young people engage in an experience or activity that will enable them to live their dream, establish life goals and reach their full potential within their chosen field.

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## Paparoa Walkway

The Paparoa Walkway has to be one of our most remarkable community assets embodying the generosity of land owners and support or funding from a number of different groups or organisations including Lions, PPI, the KDC, and many volunteers.

Have you explored it since its closure earlier this year? Much has been done:

New board walks have been constructed.

Drainage has been improved.

Tracks have been surfaced with webbing which holds an aggregate and bark mix. This is beneficial to tree roots.

A new bridge has been built

on the Paparoa end.

And new boot washing stations have been installed.

These measures have greatly enhanced the track, but also protect the archaeology (especially of the pa site and pits). They prevent damage to tree roots (kauri particularly dislike their surface roots being damaged). They aim to prevent kauri dieback. (The damaging pathogen is in the soil, so any soil carried from one area to another could spread the disease.)

Funding became possible when some works on the Te Araroa trail couldn't be actioned. This was essentially Provincial Growth Funding which the Northland Regional

Council reallocated. The NRC also took responsibility for organising the work, engaging the contractors and so on.

Our walkway is looking good: A credit to all who have contributed and a real asset to our community. A special mention of Jim Rowlands who has acted as coordinator of track maintenance and pest control for twenty years. Many will be interested to know that more information about the area's history has been come to light. Jim is currently compiling a report on this which we look forward to reading.

Meanwhile a stroll along the walkway is a highly recommended activity.

Ruth



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## Letters from The Old Post Office... Miss Otis Regrets...



For one reason or another the mind has been running on thoughts of revenge. These pleasant reveries may have been triggered by certain parties not meeting their stated obligations. Including, but by no means exclusively limited to: failure to arrive on time, failure to arrive at all, failure to complete certain tasks, or even start them, failure to communicate.

In short, Dear Reader, failure to be satisfactory human beings. Of course, if we are going to speak about unsatisfactory human beings then the list may stretch for some distance. Possibly to the moon and back (a little saying that is a pet hate. If you love someone then why make it finite? Although love generally is, finite that is). Apologies, back to revenge.

It seems to me that there are two categories in this revenge business. The personal vendetta and the more business orientated. Although of course, neither are mutually exclusive, and may merge at any given point. A little like the charming client I was told of who decided there were pecuniary advantages in merging a business relationship with a more personal one. Needless to say, that did not end well. However, I would have thought any mildly intelligent contractor might have been rendered suspicious by a suddenly romantically inclined (and dressed) customer.

In an aside, I was told by a friend who will remain anonymous, that having sent a rather good looking apprentice out to a job in a seaside location (Oh alright, Piha) he became concerned at his non arrival at

work the following morning. Allegedly, the sole occupant of the house removed the ladder and thus his escape route until he agreed to spend the night. I believe he tottered into work a week later. Not sure about what bill was sent.

But I digress. Revenge is sweet someone said. But surely only if you do not get caught? High security prison has never looked particularly appealing. And the endless hours in court, deadly!

There are several schools of thought, should one brood and plot for years until the victim is lulled into a false sense of security? (Think Count of Monte Cristo). In line with the very old proverb "Revenge is a dish best served cold?" Coldly plotting, entailing hours of delightful planning. T'would cheer many a dark winter's night. Or Dear Reader, should one be quick to smite, taking a leaf from the character in The Princess Bride "Hello. My name is Inigo Montoya. You killed my father. Prepare to die!" Intention and action clearly stated. But over so so quickly.

Then again others say the best revenge is a life well lived. But couldn't you do both? Vengeance and a happy life? So much to think about. And

I had nearly perfected the cleverest plan.

Dear Reader, I will continue to scheme, and plan. It will give me something to do.

**Nb** Miss Otis regrets she's unable to lunch today, Madam Miss Otis regrets she's unable to lunch today

She is sorry to be delayed But last evening down in Lover's Lane she strayed.....

When she woke up and found, that her dream of love was gone

Madam She ran to the man who had lead her so far astray

And from under a velvet gown She drew a gun and shot her lover down

Madam Miss Otis regrets she's unable to lunch today

*Cole Porter* Deb



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## Life Membership Awarded

Jim Rowlands, the immediate Past President of the Lions Club of Paparoa, recently proudly presented Graham Donald, one of our Members, with one of the top Lions Clubs International awards- that of Life Membership.



This was presented to Graham to acknowledge the 55 years of Service he has given to his community as a Lions Club Member.

Over his years of membership he has held many roles, both within the 4 clubs he has belonged to

and also at District level and this accolade has certainly been well earned.

Although he is now resident in a Dargaville Rest Home he continues to support the programme of our Club and is always interested in catching up with our Members when they call in to visit with him.

Sarolta Bernhardt

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## GROW WHAKATIPU Paparooa Inc

of December at 9am. Come along to lend a hand and join us for a sausage sizzle after.

**Wood needed!** One of the things we need repaired during the working bee is our raised garden bed edges. Please if you have any suitable wood that we could use to rebuild these get in touch with us either via facebook (Grow Paparooa), email to [janmareedallas@gmail.com](mailto:janmareedallas@gmail.com) or call 021431724.

**Aladdin's Cave** (our second hand shop at Paparooa sports ground next to the gardens) has been open the last few weekends and has been accepting donations. If you have any extra Christmas decorations that you no longer need we would be very happy to receive them.

Finally on the 11th of February next year we are planning a **Passata Day**. We have been able to purchase 2 passata machines with a grant that we received and would like to have our own little tomato festival where you can bring your tomatoes along and have them processed into passata and have a picnic with us at the gardens. More details to come on this fun day later!

Katie Fullerton

## Good Keen Blokes/Blokeses

*Or People You May Or May Not Meet Down The Pub...*

Haere ra to all that

Or blokes or blokeses that you will no longer meet down the pub.

Well, the Thirsty Tui is no more and yes, life changes and we adapt. However, as in England, the Tui Hotel was more than just a bar it was a meeting place. It was a place where all sorts from all walks of life, would gather and people would chat, chat with folk from Tinopai, Matakohē, Maungaturoto, Ruawai. Even foreigners could be included. (No, am not referring to Aucklanders!) It was an open, and non-aligned public place. Quite literally it created a vital centre to Paparooa.

An English study back in 2014, "funded by a British Academy award, involved the analysis of data for social engagement and volunteering and leisure activities... found that on all three fronts pubs are having a significant positive impact, creating more community cohesion in rural areas."

This research was directed by a Dr Ignazio Cabras, an Associate Fellow of the York Centre for Complex Systems Analysis (YCCSA), University of York.

He said that, "However, it appears that the pub has increased its importance

as the main hub in the community's infrastructure, offering support to a wide range of activities. Pubs function as physical incubators which foster engagement and involvement among the community, as well as creating jobs for local people and local suppliers.

"The closure of rural pubs is strongly associated with the decline of social drinking and increasing levels of alcohol consumption in private premises. It is vital the Government supports rural pubs with appropriate policies to ensure our rural way of life is maintained."

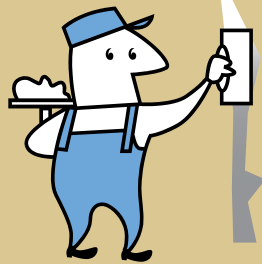
So, there you have it! Clearly, we need to instigate the opening of another incubator soon, or private drinking may spiral out of control and we will sit slumped, isolated at home, rarely meeting new people, weeping despondently into our pint pots. I, for one, certainly can not afford to drink more. Come to that, I don't want to share either, that may cost even more!

Cheers, My Dears and kia kaha.  
Deb



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Set up by Progressive Paparooa (PPI), the market has now become part of the weekend routine for many locals, regularly attracting people from Ruawai to Kaiwaka.

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## Books And Bookclubs

"We're all going on a summer holiday"... no chocolate fish awarded for guessing *Cliff Richards and The Shadows*, from the movie of the same name, 1963. A song to sing, but what to read?

Do we seek some light reading that we can just catch up with on a page or two now and then between picnics and swimming at the beach basis, without losing the plot. Or do we need something long and gripping to fill in those furnace-like afternoons, when we are forced indoors to lie on the bed with the curtains pulled shut and the fan on full blast, depleted of all will to live? Here are some suggestions, two hot off the press, published in 2021, 2022 and an oldy, first published in 1845.

*One Day I Shall Astonish The World, Nina Stibbe*, is a good holiday read to travel with. A story of friendship between two women over a lifetime, beginning at an English University in 1990, through careers, marriage and children, love, hate, dislike, perseverance, with some very modern ideas (and language) on life in today's world. I can't quite think of the word to describe its tone, cynical is too harsh, snide too obscure, definitely insightful. Nina Stibbe's writing has been described as "sharp." Stay with it past the early days in a fabric shop, it changes direction completely, as do most lives.

Now for the heavier novel. *Last Days in Cleaver Square, Patrick McGrath*, is brilliant and unforgettable for all kinds of reasons. Very clever writing! Funny, sad, loads to ponder in every sentence. A rather different kind of book. Among the reviews on the back cover

is stated, "The story will hook you on the first page and hold you a willing captive until the end." It did me, in spite of it being the ramblings and imaginings of a pitiful old man, a poet and survivor of the Spanish Civil War in 1936-39, haunted by the ghost of Generalissimo Francisco Franco who ruled Spain as a fascist dictator until his death in 1975. The ghost appears in 1972! A ghoul not a ghost then. Cleaver Square is in England where our storyteller lives after the war, in his family home with his daughter and Spanish Maid. Memories of his own experiences and involvement in Spain in the war slowly unfold. Oh the things this book contains! I wept at the end in that happy/sad way and I will be spending some of my summer holidays researching Spanish history and specifically Franco. Ughh!

My second resolution for the summer is to read the original book by *Charles Dickens, A Christmas Carol*. You know, the one with Ebenezer Scrooge, the ghosts of Christmas Past etc. that has been retold in many forms over the years since, plays, movies, TV, the theme of the story retold over and over, especially at this time of year. Even Walt Disney has a Scrooge. I read it as a child and look forward to re-reading the original English language and descriptions of the time and places. Of all authors who have ever written and been published, Dickens is iconic

and we don't always think of him in those terms. But who else in history has a whole era and way of life named after them e.g. Dickensian England, Dickensian novel, Dickensian characters...

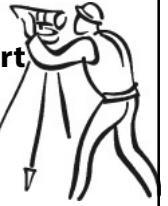
I will leave you then, this Christmas and summer, with the words of Tiny Tim from above novel and author- "*God Bless Us Everyone!*"

Anne B.

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## Fresh bites at the farmers' market

With travel becoming more expensive, shopping local has taken on new meaning. The Paparoa Farmers' Market offers an increasing range of fresh food with the producers standing behind their goods. Recently we have seen a number of stalls offering fresh fruit and vegetables from home gardens. This is a great initiative as it makes use of surplus that could otherwise go to waste and frequently this produce is naturally grown without sprays etc.

The option to grow your own is to be encouraged and market stalls are offering selections of seedlings to make this so much easier. Get a head start on your own garden and perhaps become a stall holder with your surplus.

New stalls have included quality wood ware, hand crafted toys and utensils which make perfect gifts. With up to 18 stalls and growing, the Farmers' Market is certainly worth a visit and a great place to soak up the atmosphere, catch a bargain and meet up with friends.

Graham Taylor

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## Paparooa Toy Library

Paparooa Toy Library is one of over 215 toy libraries, who belong to the "Toy Library Federation of N.Z."

We are a not for profit, community based organisation, run by volunteers. Paparooa Toy Library receives no guaranteed funding support from Central or Local Government agencies and work extremely hard to provide play opportunities for the children and families in our area.

In the world that we live in, with increased pressure on children to be in structured activities and school from a young age, play and all things playful are even more important than ever.

Research shows that children are now playing less, yet it is through play that they develop the skills and cognitive thought processes to cope with the world they live in.

Paparooa Toy Library have toys, games and puzzles, outdoor and water play, ride-ons, trains and construction, plus lots of others.

We provide opportunities for families to visit the Library regularly and access high quality learning resources that can be enjoyed by the whole family.

The philosophy of Toy Libraries is to enable children to develop to their full potential through play. So we hope that you will be able to support this team as they continue, "To Let The Children Play"

We are open Wednesdays 10.30am-1pm through School Term, at Paparooa Community Church, Hook Rd

Hilery Poyner.

## Racquet Sports Update

Paparooa Tennis is off to a great start for the summer with up to 35 children per week turning out for coaching sessions with Jody Boulgaris with some of the adults helping. These sessions are being held on Monday afternoons from 4 till 5pm at the tennis courts next to the Sports Pavilion. The coaching sessions have been going so well we are bringing them back next year. After the kids sessions at around 5pm the adults are having a hit and so far the numbers of adults playing has been good too. More players are always welcome in either category!

Badminton has also been well supported recently with lots of young people coming along and learning new skills as well as our regular adult players battling it out in doubles games. Badminton is held every Thursday evening at the Paparooa Hall from 7pm and players of high school age and above are welcome. Racquets are available for those who don't have their own.

Table tennis is held at the Sports Pavilion every Tuesday evening from 7.30pm officially, although some of the players have been starting a bit earlier recently. Once again new players are always made welcome and we have a mix of different levels of expertise.

We have recently had contact with Table Tennis Northland and they are currently on a mission to grow the game of table tennis in Northland so are interested in helping us to expand our horizons somewhat. Maybe we could run a daytime senior citizens table tennis session or do some children's coaching sessions for table tennis. I would welcome your feedback on whether either of those possibilities would be of interest to you.

Contact Pete 0210567163, hames.jones@xtra.co.nz



# The Reason For The Season

*"No Hell below us, above us only sky."*

Promises to always love us, forgive us, help us, guide us, be ever present with us now and always are only understood when we know the reality of the nature, character, substance and existence of God.

Otherwise these are empty, meaningless words and to John Lennon and thousands, millions of others, that is how it is.

But think on this – if good and evil exist, and just looking around us they surely do for everything good and beautiful has been or is being corrupted in some way, then we have no option but to choose between them. Take Christmas for example, a celebration of the birth of Christ? Not any more. Such stress, pressure, haste to spend more than we can afford, party more than we have

time or energy for, eat more, drink more than is good for us, increased family violence, depression, suicide - Christmas today is a destructive fiasco of commercialism. Why, in the year 2022, does the entire Western World participate in such meaningless madness?


Could it be, just "imagine" it for a moment, that something phenomenal happened when a baby was born to a young Jewish woman claiming to be a virgin, all those years ago? That "Heavenly beings" did appear to humble men and

that a magnificent star (which must have had its beginnings millions of years prior to that night) appeared in just that place at just that time, and intelligent, learned foreigners travelled far to bring expensive gifts to an unknown baby, His purpose prophesied hundreds of years before. Christmas 2022 was born with that baby. The lights, the stars, the angel on the evergreen tree, the gifts given in love, the gathering together in families to celebrate with feasting, still a season of goodwill between God and all mankind in spite of our unbelief.

Who is this Christ to inspire such events that have changed humanity forever, but God Himself, come to live among us, to reveal Himself to us so that we no longer have to question His existence or imagine what is His nature, character and substance. Jesus is still the reason for the season.

Anne Bate





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## Paparoa Community Library





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Monday & Wednesday 2pm - 4pm  
Tuesday & Friday 11am - 1pm  
Thursday 11.30am - 1.30pm  
Saturday 10am - 12midday

**Closed from 1pm Friday 23rd**  
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Jas Futter  
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## It's Time To Say Goodbye

Barry and I bought 10 acres in Merrill Road early 2000, later buying a further 10 acres. We found a slightly dilapidated chapel in a house removal yard which we had moved onto our land and over the next few years had it converted into a very comfortable home.

In the meantime we established an olive grove, Barry planting all 1100 trees. Within three years we had our first crop. Initially we had the help of the local community to pick the olives, but eventually we were overwhelmed by the size of the crop (9 tonnes) and hired a professional olive harvester. We developed our brand Chapel Olive Oil and started selling it at the Paparoa Market, and then further afield.

We sold the property in 2014 and bought nearby. We have loved our time living in the Paparoa community. Barry joining Lions and I volunteered at the Kauri Museum. The years have passed quickly and it is with

regret that we are moving to be closer to our family. We have made life-long friends in Paparoa and are going to miss our lifestyle here, but we will stay in touch and will watch with interest the goings on in the area, but for now it's time to say goodbye. Thank you Paparoa.

Verity and Barry



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## OCS December News

This is our last newsletter for 2022. There are details of our last Community Lunch and our last free shopping trips to Whangarei. We thank you for your support over the year and wish you all a very happy and safe Christmas and New Year.

### Dates For December:

Wednesday 7th: Community lunch at St John Hall, Hurndall St, Maungaturoto. From 10am to 1.

Tuesday 12th: Free shopping trip to Whangarei

Phone us on 431 9080 to enquire about any of the above.

### Manager's retirement

With a very deep feeling of regret I have to now advise that OCS' wonderful manager of the last ten years is retiring at the end of the year. Helen has made our agency what it is today. Under her guidance this agency has quietly and confidently grown to be the main wrap-around support centre for those in need. From baby to senior, Helen ensures we provide the best we can to all in the community, without putting ourselves in the public eye. Helen is held in the highest regard by everyone in her team, and her clients. She has been both manager and counsellor, giving both roles everything. We are blessed to have worked with her.

To say she will be missed is an understatement.

We certainly wouldn't deprive Helen her retirement – she definitely deserves to spend some leisurely time with her family; so, on that note we wish her the very best of good health, happiness and a restful retirement.

God bless you Helen.

From all at OCS



## Maungaturoto and Districts Rotary

Recently President Les has attended OHS on two occasions. The first was for the presentation of donations to both the Duke of Edinburgh (DOE) (\$2,800) and William Pike (\$2,000) groups. Participants in the latter were an integral part of making our Quiz night a great success. Otamatea is fortunate in having such worthwhile groups which help build resilience in the students. Another way we have been able to support young people's fundraising efforts is by having both DOE and Netballers regularly providing our meals. With Les in the picture are from left to right: Robyn Bruce (DOE organiser), Alana Yardley (DOE Gold participant), Dirk Smyth (Principal); Sarah Campbell-Winter (DOE Gold Participant) and President Les.



By the time you read this we will hopefully have had our very successful Seniors' afternoon tea. We appreciate the fact the Maura is able to bring her singers along to entertain us. Not only do we receive a feast of talent, but it is also an opportunity for these youngsters to perform in front of an audience who are largely foreign to them.

The President and selection panel had a real challenge in selecting the winner of the President's Scholarship of \$1500. We would like to congratulate Billie Le Mesurier-Cowbourne on attaining this award. As has always been the case, selection of a standout is not easy and all the other applicants are to be commended on their applications. We would like to remind the community that this is an annual award and it is not solely for school attendees. The aim of the scholarship is to provide a person who is furthering their education with a little bit of help.

We have also been able to get Constable Trae Harrison to speak to us on internet fraud. Trae investigates fraud in the Whangarei and Kaipara Districts. As Trae said, "it can be hugely devastating for people to lose money in this way." This is something that many more people are getting caught with and we really appreciated his taking the time to talk to us. Just remember that banks will never ask for personal details either by the internet or by phone.

We would like to wish you all a healthy, happy and safe holiday season.

Eileen Parsons 021 142 0357  
Maungaturoto & Districts Rotary Club

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Delicate looking slightly fragrant pinkish white flowers open for a long period over summer. The Plant grows naturally by stream sides and damp woods and in a moist position in partial shade.

Vicky



The Paparoa Press is also  
available online at  
[paparoa.org.nz](http://paparoa.org.nz)

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Have you visited the Shabby Chic Boutique yet? Its a little way off the beaten track located in the beautiful seaside village of Tinopai. However, a visit is very worthwhile, not only the drive along beautiful scenic tinopai road but also, the treasures you will find when you arrive. Owner/operator Lynn creates gorgeously unique items for homes and gardens.

Up-cycling furniture is a passion of Lynn's and you will be delighted to find unusual candle holders, plant holders, bird baths, glamorous decoupage plates, furniture, terracotta pots, handmade wooden trays, reverse decoupage, mirrors, decorated oars; gift wrap, gift bags. Original art and crafts from local artists. Ladies pre-loved clothing is available koha or swap.

If you want beautiful and unique xmas and birthday gifts a visit to the Shabby Chic Boutique will not disappoint. Prices are realistic and reasonable.

Almost opposite the Komiti Reserve Beach on Komiti Rd- look for the sign.

If the tide's in you may like to indulge in a picnic and a swim or fishing off the wharf.

The Shop is open most Fridays, Saturdays and Sundays.

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See the ad on p18.

Lynn



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**Pets in the Valley**



I was recently reminded how awesome horses are when I went riding in the South Island hills. I was lucky enough to be riding on an older horse who was used to the mountains and could cope with unstable ground beneath his feet while on rather extreme slopes. He also confidently walked along boulder creeks, boggy mud patches and through steep gullies without a missing a beat. Not country where you could take a quad or a motorbike and walking would be a lot slower than the horses could achieve. Not every horse would be safe in such extreme environments but the good ones are remarkable. They can keep going for hours then do it all again the next day.



Deer and chamois were running around even more vertical



looking slopes to show how amazingly athletic they are too. No photos really show how steep it was and to be honest on the really steep stuff I wasn't taking photos! The hills aren't as big

and the creeks aren't as rocky up here but horses are still a great way to go places you wouldn't otherwise get to go. Go horse power!

Janine

## Seasons Greetings Everyone From Your Local Fire Brigade

After the busiest period in our history during the early part of the year things have settled down a bit, as to be expected in the off fire season.

We have attended over 60 calls already this year, the most ever, with a lot of people caught out when Kaipara transitioned from Prohibited Fire Season into Open Season without the usual 'Restricted' period. This was a call made on fire weather data from the greater region - a real shame because during the pre Christmas period last year everyone had been responsible, 'Checking Its Alright', and escaped fires we had weren't really negligent. It was more that being in Open Season was enough to give people false confidence.

FENZ like the Prohibited Season to be in place before Christmas, however it maybe hard to justify that with the rain we've had. I am happy, in my role as Kaipara Permit Officer, to get fire safety messages out so please look for any updates.

We have a couple of notable appointments recently. Bryce Frewin has stepped up as well-deserved Deputy and has been busy catching up with training qualifications.

Nigel Bernie, a member of Paparoa as well as being the Chief of Tinopai Brigade, has stepped into the role of Station Training Co-ordinator and is doing a fantastic job.

In the New Year we will be holding our first ever Honours Evening to thank our members

for their years of service.

A project which has been consuming a lot of my time is the final push cementing into place a multi Brigade Task Force (Kaipara and Whangarei region) for professional wildfire fighting at large or longer duration events. This group is known as Te Ope Tanga Kaihoe (TK), meaning 'Reserve Paddlers'. We have attended 7 or so events in the last few years including the Kaimaumu Fire last summer - haven't actually been paid for any yet but it's getting closer. We have attend two events already in the last month at Rawene and Mahuta Gap.

On the daylight saving change over day, and in the following weeks, a group from Paparoa Station conducted a number of Home Fire Safety visits, installing smoke alarms around our district. If you want a visit, a few alarms installed or old ones inspected, call 0800693473 or Stacey on 092834931 and book one in!

The recent high river level in Paparoa, a situation we monitored with the help of Shaun Huband and the local Civil Defence people, especially Lynne Warbrooke.

Preparatory planning for Paparoa's new Fire Station on the site of the old bowling club is back on track - which is great.

We have benefitted so much from upgrades to our existing station and half a million dollars worth of beautiful new trucks, that anything more is an absolute bonus. I think our geographic location, our turnout record and training achievements have led us to being mooted as a Rural Fire hub. We are possibly the best resourced Rural Brigade in the country. What we need is people to justify this investment. If you want to hang out with an awesome bunch of people and help others in your community when they really need it, **WE WANT YOU!** We are a big family, we can offer you skills training, adventure, fun and a sense of fulfilment money can't buy!

So stay Firesafe everyone! Have working smoke alarms, Check it's alright before you light, and look out for and share any fire safety messages on "Proudly Paparoa" FB page.

Happy Holidays to all!  
Ken Ogilvy

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Email them at [nitratewatch@gns.cri.nz](mailto:nitratewatch@gns.cri.nz) with your postal address and they'll send one out with all instructions and a pre-paid return bag included. The kits are also available for pick up from the KDC offices (Mangawhai or Dargaville).

This research project aims to

- Offer free, confidential nitrate testing of drinking water
- Map collected data to present nitrate patterns across regions
- Identify nitrate hotspots in regions
- Provide visualisation of regional drinking water nitrates
- Raise awareness and educate the public about nitrates in drinking water
- Compare nitrate levels across regions

More info at: [www.gns.cri.nz/research-projects/nitratewatch/](http://www.gns.cri.nz/research-projects/nitratewatch/)

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## Science Corner

### Bumble Bees

**Wow** - Bumble bees play with balls and have fun! Check it out on YouTube! Insects can have fun!

In a recent study in a London University researchers found that bumble bees like to play with small wooden balls. With no food or other rewards offered young bees in particular participated in ball rolling- and could even be trained to score goals!

#### A Few Bumble Bee Facts

They can fly at up to 54kms/hour and can do 50 times the work of a honey bee.

They can carry up to 90% of their body weight in food.

They require a lot of food because of the energy required to fly and are only ever 40min away from starvation. (Sounds like a teenage boy.)

They perform buzz pollination or sonication in which they apply vibration to shake the pollen free from the pollen tube.

They are not native to NZ and were introduced here to pollinate red clover flowers so that seed could be produced.

They are used by greenhouse tomato growers to pollinate tomato flowers (up to 450 flowers per hour) whose pollen is held inside pollen tubes that prevent straight forward pollination. They are also important to orchardists as they pollinate fruit trees - and work much longer hours than honey bees as they tolerate the cold much better due to their larger body size.

Bumble bees have smelly feet so that once they have pollinated a flower other bees will know not to go there as it has already been looted. Flowers will replenish the pollen in time- from 40minutes for comfrey to days in some cases. Once the pollen is replenished the smelly footprint wears off giving the green light for the next pollinator.

They gather nectar to add to the stores in the nest and pollen to feed their young. On their return to the nest after a successful foraging trip they run excitedly around the nest for a few minutes (maybe sharing their news?).

They have a long hairy tongue to lap up the nectar and this is folded up under the head for flight.

Fertilised female bumble bees hide in leaf litter or old rodent holes in winter and lay eggs in spring. The first batch of eggs will be all female workers who will work to feed the next hatching eggs of the growing colony. In summer the queen is fully occupied breeding bees while towards the end of summer she produces male off spring and some new queen bees. Only the newly fertilised queen bees will survive the winter ready to make their own nests the next spring.

*Bombus terrestris* is our most common bumble bee and is mass reared for tomato growers.

You can help out bumble bees by making a bumble bee house! There are various instructions available on line.



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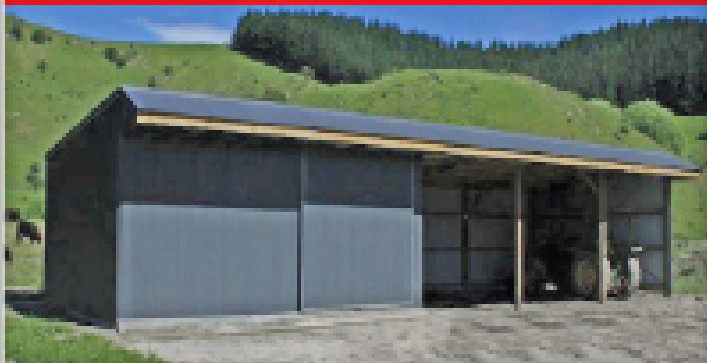
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## December Gardening Notes

'Don't Tell Secrets In The Garden. The Potatoes Have Eyes, The Corn Have Ears, And The Beans Talk'

In the garden one's mind goes towards making successive sowings of veges and flowers, to be well established before Christmas - with the uncertainty of how much caring and watering can be done. Prior mulching between rows and around plants will assist greatly in retaining moisture and will also reduce weeds.

In hot, dry conditions it's better to deeply water a section at a time in the evenings rather than sprinkling everything. Save washing water - a bucket here and there will go a long way to keeping plants progressing and help stop pumpkins and fruit trees from dropping immature fruit.



Start successive sowings of carrots, parsnips, beetroot (although these can be successfully planted out as seedlings), pumpkin, beans (especially dwarf), and sweetcorn. Also start plantings of veges for salads - tomatoes, lettuce (mesclun and miniature can be planted out in pots in semi-shade), sweetcorn, pumpkin, courgette, etc, as replacements as old and tired ones are pulled out. Plant out at dusk or on overcast days into well prepared moist soil enriched with organic matter (compost and sheep pellets). While in the flower garden, for continuous flowering over summer, sow heat loving plants like marigolds, calendula, zinnia, and seedlings such as dianthus, portulaca, chrysanthemum, and salvia.

Parsley is at its best now. To cope with excess- initially it keeps well in a plastic bag in the fridge, but if you whizz the leaves up, freeze in containers you can use it from frozen by scraping the required amount off the frozen block.

Garden maintenance now will include- hilling up soil around potato plants, tying up tomatoes to stakes together with removing laterals and lower leaves. A fortnightly spray with copper will help prevent blight in potato and tomatoes. Dehead spent flowers from roses, annuals and perennials for continual flowering and longevity. Weeding- even just a quick hoe over now and then will help keep weeds at bay.

Finally I wish you fellow gardener's a very Merry Christmas and all the best for 2023.

### Here's A Family Favourite Bean Salad Recipe

1 Packet mixed dry beans and soak overnight. Next day simmer in salted (Plain/Sea salt) water for 1 1/2 hours till cooked but not broken.

Cook 1 x 500gm each frozen green, butter beans (or fresh if you have them) and whole kernel corn (frozen or tinned) in boiling salted water, strain and cool. Place in a large basin or bucket and add 2 onions (purple are best) finely chopped, 1 cup celery chopped, blanched cauliflower buds and chopped stalks, broccoli, chopped silverbeet, together with 1 red or green capsicum finely chopped, diced radish and any other solid vegetables.

### Dressing

2 cups vinegar, 1 cup water

2 1/4 cups sugar, 1 dessertspoon (10ml) plain sea salt

Bring dressing ingredients to boil, cool, add to veges and store in preserving jars with screw on lids, and leave 24 hours before using.

Will keep up to 6 weeks in the fridge. Can be used to accompany any cold meats and as an extra salad.

JR

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## OUT & ABOUT AROUND TOWN

**Paparooa's Farmers' market** happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more.

**Last 2022 market Dec 17, back on Jan 7 2023.**

**Flax Weaving At Shop & Brew** on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

**Artisan Market** Fourth Sunday Every month. Paparooa Memorial Hall 11.30 - 3.30. Next market Dec 18. Email [artisanmarket.paparooa@gmail.com](mailto:artisanmarket.paparooa@gmail.com) or ph Steph 027 452 7124 or Ruth 021 433 969.

**Grow Whakatipu Paparooa** Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 10am- 1pm.



We, at Coast to Coast healthcare, were deeply saddened to learn of the recent passing of our friend and former colleague Dr Lynne Mitchell.

Dr Mitchell served her community in Maungaturoto and Paparooa for over 30 years before retiring in 2018. She was appreciated by her colleagues as an incredibly astute and hard working clinician who would go the extra yard for her patients. She was a true character in every sense of the word, and helped me no end with advice and support when I joined the practice in 2012. She had a very humorous way with words, and her patients and colleagues will all have extremely fond personal memories of their interactions with her.

She will be sorely missed.

Dr Neil Anderson

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[www.silverhill.co.nz](http://www.silverhill.co.nz)  
0274868756

## Save The Date

Saturday the 4th of February 2023 is show day for Paparooa. Grab an indoor schedule from Skeltons Drapery if you haven't already and get working on some projects over summer. Give the kids some fun ideas, plant some vegetables and take awesome local photos for the photography section. Start training for the gumboot throwing and for the wheelbarrow races - there's cool prizes up for grabs.

Paparooa has an awesome community so come along and participate or spectate on our special day! See you there,

Janine.

PS: We're still looking for a secretary and helpers.

**Christmas Carols concert with the Mangawhai Community Choir and other young local singers (taught by Peter & Maura Flower) on Friday 16 December, 7 pm at the Mangawhai Village Library Hall. Just a koha on entry and any proceeds going to Te Whai Community Trust. Contact Peter & Maura 022 354 2670 for more information.**

## Paparooa Motor Camp

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## Community Dinner

The last Paparooa Sports and Recreation Association community dinner for the year was a great event, with "BBQ Extraordinaire" as the theme. It was a good evening for locals to get together and meet some new people, while having a delicious meal prepared by committee volunteers. Thanks to Grow Paparooa for the wonderful lettuces, Mark Vincent for raffle prizes and the all the helpers.

Libby PS&RA



Thank goodness for Rosalie and Kate who are tackling the overgrown gardens which enhance our community Hall. What would the committee do without this help?

**WHAT'S ON - DECEMBER 2022**

**The Kauri Museum** open 7 days, 9am-5pm  
**Forgotten Tales of the Kaipara** - until 5 March 2023  
**Overlooked** (60 items from the collection), ongoing  
**The Museum at 60** (photographs), ongoing

**Grow Paparoa Working Bee** - Sat Dec 10, from 9am, at the Communiy Gardens  
**Christmas Carols** - Friday 16 Dec, 7 pm, Mangawhai Village Library Hall. See p18  
**Carol Service** - Sunday 18 Dec, 7 pm, Coates Memorial Church, Matakohē  
**Paparoa Artisan Market** - Sun Dec 18, 11.30 - 3.30pm, at the Paparoa Hall

**REGULAR EVENTS, MEETINGS AND ORGANISATIONS**  
**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa  
**Ararua Church** 10.30am every Sunday. All welcome Ph 431 6622  
**Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554  
**Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163  
**Exercise to Music** Tue 10.30am Paparoa Hall \$5 Ph Janice 021 0282 0969  
**Farmers' Market** Every Saturday 9-Noon, Village Green, Graham 027 475 4490  
**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Maungatūroto  
**Grow Paparoa** Thur/Fri/Sun 10am to 2pm at the Community Gardens  
**Holy Trinity Anglican Church**, Maungaturoto, 1st & 3rd Sundays, 10am;  
 2nd & 4th Sundays, 4pm. All welcome  
**Kaipara Marching Team** Weds 4-5.30pm, M'gto, Ph Lyn Hutchings 022 070 8674  
**Line Dancing** Thurs 10am-noon Paparoa Hall Ph Jackie Comes 027 368 7298  
**Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520  
**Matakohē Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.  
**Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm  
**Maungatūroto and Districts Rotary Club** Maungatūroto Centennial Hall,  
 Tuesday evenings 6pm, Ph Stella 021 149 0877

**Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262  
**Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884  
**Pahi Hall** available for hire Ph Tina 0210335128  
**Paparoa Community Church** Sundays 10.30am, 4 Hook Road, 431 6795 or Dave  
 Porteous 0274 180 676  
**Paparoa Garden Circle** 2nd Wed of month. Contact Raylee Over 431 6880  
**Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290  
**Paparoa Library** Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12.  
 Manager Jas Futter 022 678 1474. Returns Box at Skeltons  
**Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion  
**Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome  
 Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz  
**Paparoa Primary School** Term 2 May 3 - July 9, Term 3 July 26 - Oct 1. 4317379  
**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330  
**Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Monday of the month  
 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042  
**Plunket Ready Steady Wiggle** Mon 10am Sports Pav. Tina Ball 021 033 5128  
**Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224  
**Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148  
**St Mary's Catholic Church** Maungaturoto 10am Wed, 4pm Saturday  
**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 021 056 7163  
**Tennis** Mondays 4pm children, 5pm adults. Ph Sue 431 6224 or Pete 021 056 7163  
**Yoga For Everyone** Monday 6-7pm Maungaturoto Hall, Tuesday and Friday  
 mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz)

**Paparoa Press** CLASSIFIED ADVERTISING

**Flowers Flowers Flowers**  
 Saturday mornings in the village 8.30 until 1pm  
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**LOCAL TIDES for December 2022**

TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	12.56	18.27	17th	13.03	18.39
2nd	14.04	7.06	18th	14.05	7.08
3rd	15.04	8.14	19th	15.03	8.09
4th	15.55	9.14	20th	15.58	9.07
5th	16.40	10.06	21st	16.5	10.02
6th	17.22	10.51	22nd	17.40	10.53
7th	18.01	11.31	23rd	18.31	11.43
8th	18.39	12.09	24th	6.53	12.33
9th	6.54	12.45	25th	7.43	13.22
10th	7.29	13.20	26th	8.33	14.12
11th	8.05	13.55	27th	9.24	15.04
12th	8.43	14.32	28th	10.18	15.58
13th	9.24	15.13	29th	11.17	16.54
14th	10.09	15.57	30th	12.20	17.53
15th	11.01	16.47			
16th	12.00	17.42			

**Community Directory**  
 EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

**COAST TO COAST HEALTH CARE**  
 Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576  
 Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222  
 For urgent after hours medical service (Wellsford)..... 09 423 8086

**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116

**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330

**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388

**KAIPARA PHYSIOTHERAPY** Lyndsay Bargh/Lynne Rhodes...09 4391656  
**LINKING HANDS** Health Shuttle Service, Maungaturoto.09 431 8969  
**LIONS CLUB PAPAROA** President Jim Rowlands..... 09 431 7290

**MAUNGATUROTO PHARMACY** ..... 09 431 8045  
**MAUNGATUROTO REST HOME** ..... 09 431 8696  
**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080  
**PAPAROA LIBRARY** Free Membership. Contact .....Jas 022 678 1474  
 Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12  
**PAPAROA PLAYCENTRE** ..... paparoa@playcentre.org.nz  
**PAPAROA PLUNKET** .Plunket Nurse Louise 027 2823987 or 09 438 2508  
**PLUNKET** Helpline ..... 0800 933 922  
**PAPAROA PRIMARY SCHOOL** ..... 09 431 7379  
**PROGRESSIVE PAPAROA INC (PPI)** .....Pete Hames.....021 0567163  
**PARENT PORT Inc.** free help for families Linda ..... 09 425 9357

## New Exercise Station

The first of the planned exercise stations on the concrete walkway around the showgrounds has been completed and is getting good use already. Thanks go to Mike Plunkett for preparing the site with his digger, Ken Chambers and helpers Pete and Merv. Thanks also to the Paparoa County Depot Trust for funding to enable this to happen. More stations are planned and if you have thoughts about what you would use get in touch with us.

We love seeing the track being used so regularly and that people are looking after it by not leaving rubbish or (mostly) their doggie doos!



Libby  
PS&RA

Mike on his digger preparing the site



Ken trying out the monkey bars



Merv and Ken building exercise station

## Seeking Information In An Emergency

It's important to know how you can keep informed in an emergency event.

Whilst there are a number of ways to receive warning information, there are two main alerting platforms that Northland Civil Defence (and other official agencies) use to send timely alerts about severe weather, tsunami, or other emergencies:



Red Cross Hazard App



Emergency Mobile Alerts (EMA)

Both options are free to users, although smartphones need to be of certain capability to be able to receive them. It's recommended that, if possible, people take advantage of both.

To find out more, you can visit [www.nrc.govt.nz/cdalert](http://www.nrc.govt.nz/cdalert)

In an emergency, you can also visit the Civil Defence Northland Facebook page, or tune in to a local radio station.

Lynne Warbrooke  
Paparoa Community Response Group Coordinator



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